



## CAREER COACHING FOR HIGHLY EDUCATED JOBSEEKERS IN ENGLISH, 25 DAYS

### What does this coaching include?

- **This 20 + 5 days career coaching** is targeted for highly educated persons who are unemployed or under the threat of unemployment (eg. laid off). The coaching will be held in English.

- **Career coaching** will be held at Wolffintie 36, Vaasa (building F11, first floor).

- **You will receive** training from professionals as well as support, advice and perspectives on career planning and finding a new job opportunity.

- **We help** you to create individual and interesting documents and CVs for job search.

- **During the training**, we teach, for example, the utilization of digitalization, current communication skills, networking, self-management, finding new perspectives, coping with teleworking, using electronic services, social media and preparing for interviews.

- **Feel free** to express your thoughts and wishes. We help and encourage you to find, develop and leverage your own strengths.

- **You will be informed** about what changes have taken place in the labor market and in which sectors there is a shortage of workers.

- **After the coaching**, you have the opportunity to create your own project and go to the company for 20 days and then return to the coaching for 5 days to refine your own career plan.

**Register for career coaching** via the events calendar on the Ostrobothnia Employment and Economic Development Office's website at <http://toimistot.te-palvelut.fi/pohjanmaa/tapahtumat>

Further information: Koulutuspalvelu Saarenpää Oy: Birgitta Saarenpää: 040 545 1902 [birgitta@koulutuspalvelusaarenpaa.fi](mailto:birgitta@koulutuspalvelusaarenpaa.fi)